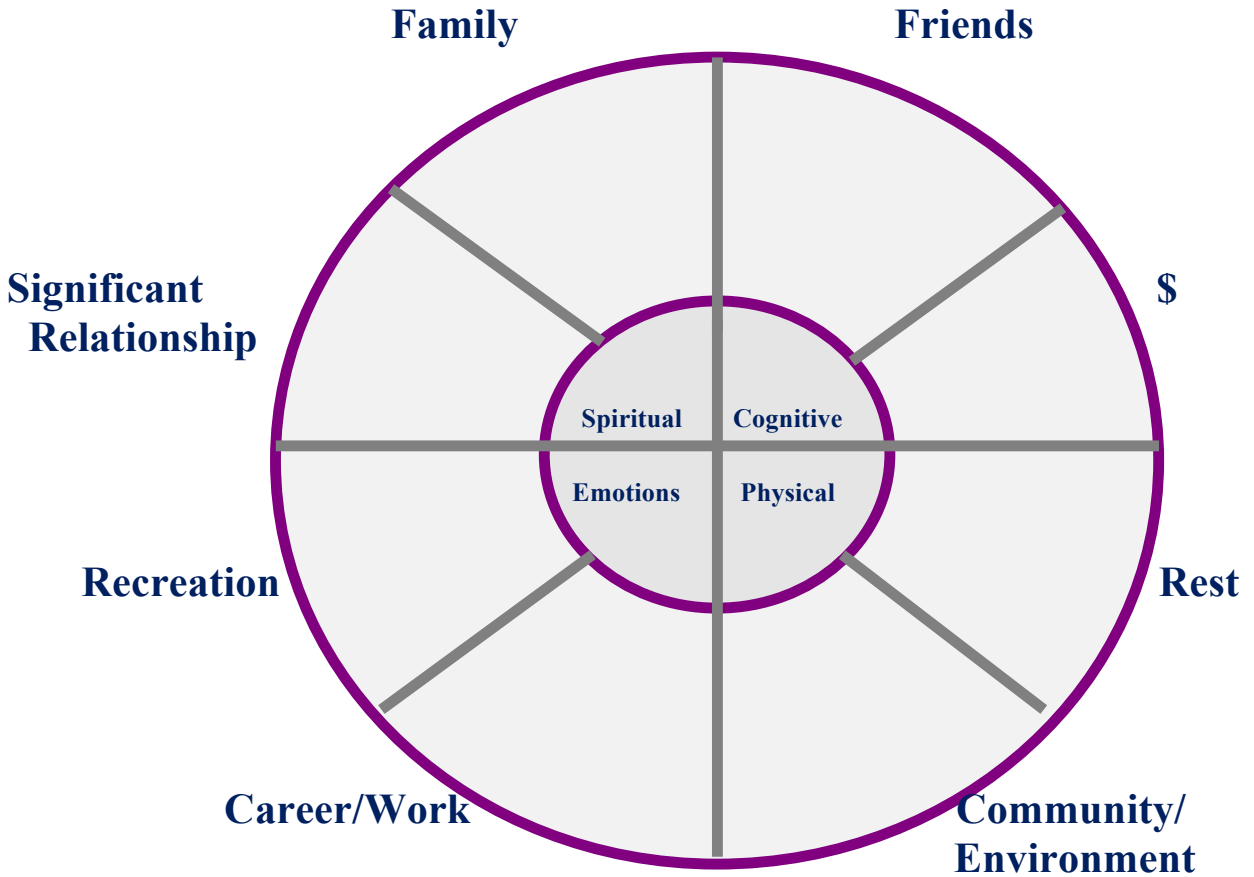


Your Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Life Circle



## My 5 Strengths:

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	Low									High
<b>Character Rating:</b>	1	2	3	4	5	6	7	8	9	10
<b>Competency Rating:</b>	1	2	3	4	5	6	7	8	9	10
<b>Job Commitment:</b>	1	2	3	4	5	6	7	8	9	10
<b>Life Vision:</b>	Yes	No								
<b>Leadership Style:</b>	Directive	Rule-Centric	Participatory	Coaching	Supportive	Empowers				



Your Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Life Circle

## Assessment

Please check each area you would like to work on at some point with your coach.

### Family

- △ Stronger relationship with my child(ren)
- △ Stronger relationship with my parents
- △ Stronger relationship with my: \_\_\_\_\_

- △ Help in solving family issues
- △ Dealing with the loss of a family member
- △ Meaningful family time
- △ Other: \_\_\_\_\_

### Friends

- △ Making friendships
- △ Developing stronger friendships
- △ Helping my friend work through: \_\_\_\_\_

- △ Dealing with the loss of a friend
- △ Finding a “ranger buddy”
- △ Other: \_\_\_\_\_

### Significant Relationship

- △ Finding my life partner
- △ Meeting the needs of my spouse
- △ Honoring
- △ Marital help
- △ Divorce recovery
- △ Dealing with the loss of a spouse
- △ Sexual concerns
- △ Other: \_\_\_\_\_

### Recreation

- △ Setting aside time for play/vacations
- △ How to relax
- △ Hobbies
- △ When to schedule recreation
- △ Identifying/reducing stress
- △ Travel
- △ Other: \_\_\_\_\_

### Career/Work

- △ Finding a new career/job
- △ Professional development/training
- △ Starting home/personal business
- △ More productive with time/resources
- △ Reducing on the job stress
- △ Other: \_\_\_\_\_

### Community/Environment

- △ Adapting to my environment
- △ Involvement in the community
- △ Home security
- △ Neighborhood friends
- △ Environmental concerns
- △ Other: \_\_\_\_\_

